

## THE PROGRAM

BaMidbar Wilderness Therapy guides Jewish young adults (18-26) on therapeutic expeditions. BaMidbar's program utilizes the wilderness environment as a vehicle to promote therapeutic growth of students, in a process that is individualized for each student, and is guided and directed by a licensed mental health professional. BaMidbar's clinical intervention and wilderness experience are provided through a Jewish framework. BaMidbar's programming is guided by four core values: *kavod*, honor, dignity, and respect for ourselves and others; *simcha*, finding joyful Jewish meaning in every aspect of our lives; *tzmicha ishit*, accepting the challenges of personal transformation and growth; and *kehillah*, the power of an inclusive and supportive community. BaMidbar Wilderness Therapy is a program of the non-profit Ramah in the Rockies.

<u>Position Type:</u> Seasonal, part-time or full-time positions available <u>Compensation:</u> Commensurate with experience <u>Dates:</u> January 2018 - May 2018, with opportunities to extend contract beyond that timeframe <u>Location:</u> Deckers, Colorado <u>Reports to:</u> Clinical Director

**POSITION PURPOSE:** The role of the Primary Therapist is to oversee clinical care of BaMidbar students, and provide individual, family, and group therapy. The Primary Therapist is responsible for client intake, case management, individual and group therapy, discharge summaries, and related administrative duties.

## **MAJOR RESPONSIBILITIES**

- Oversee client intake and clinical care, and ensure physical and emotional safety of clients
- Facilitate individual and group therapy sessions on a weekly basis in an outdoor setting
- Create individualized master treatment plans for clients, and train wilderness field guides in implementation of treatment plans
- Create a discharge summary of treatment including aftercare recommendations
- Provide consistent, clear communication to families, Educational Consultants, and Professionals on a weekly basis
- Facilitate in-service trainings for program staff
- Perform administrative duties as needed by the program

## **QUALIFICATIONS:**

## **Experience/Education:**

- Licensed (or able to obtain license by January 2018) in Colorado as a LCSW, LMFT, LPC, or Clinical Psychologist
- More than two years working as a licensed therapist leading individual, family, and group therapy sessions
- Clinical, case management, and group leadership experience
- Experience working in outdoor behavioral healthcare preferred
- Experience with crisis intervention, de-escalation techniques, and working with young adults and families in crisis

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# Knowledge/Skills/Abilities:

- Knowledge of conceptual frameworks for adolescent and young adult development and health
- Knowledge of Family System theories and the Family Preservation model
- Knowledge of Substance Abuse theories and Relapse Prevention training
- Knowledge of de-escalation skills, crisis intervention skills, communication skills, behavior management techniques, and life skills
- Knowledge of a variety of school interventions and continuing care services
- Knowledge of and understanding of the HIPAA and other federal confidentiality requirements
- Ability to develop alliances with resistive/special needs young adults and families
- Ability to provide clinically sound treatment services based on client needs and treatment plans
- Ability to respond to a range of clients' needs using differential diagnoses and treatment approaches
- Ability to utilize de-escalation skills in a volatile situation and to provide appropriate crisis intervention services and to reach out for additional support in critical situations
- Ability to maintain clinical records in timely compliance with agency policies and procedures.
- Ability to work collaboratively with other community agencies on behalf of clients and/or the agency
- Ability to demonstrate understanding of sound ethical practice in conjunction with the established and defined ethics of one's training and discipline

## **Other Considerations:**

- The essential functions of this position require outdoor work in all weather conditions, including work in sub-zero temperatures
- Employee will be expected to hike on uneven terrain, while carrying a backpack or other equipment weighing up to 60 pounds
- A pre-employment background check will be required, including fingerprinting and FBI background check
- Applicants must have a valid driver's license, with an insurable driving record

## TIME COMMITMENT AND LOCATION

BaMidbar Wilderness Therapy is based at Ramah in the Rockies, a 360-acre ranch nestled in the pristine Pike and San Isabel National Forests. Ramah in the Rockies is 90 minutes from Denver. This position begins in January, 2018 and runs through May, 2018. As a program of Ramah in the Rockies, BaMidbar will run programming seasonally, between October to May of each year (beginning after the Jewish High Holidays, and ending before the Jewish holiday of Shavuot). Part-time and full-time positions are available. Primary therapists will spend 1-2 days per week (Thursday and/or Friday) in the field at the Ramah in the Rockies ranch, providing individual and group therapy. Housing will be provided while at the ranch. Non-field work can take place either remotely or from BaMidbar's Denver-based office.

## TO APPLY

Please send a cover letter and resume to <u>joryh@ramahoutdoors.org</u>. The subject line of the email should read *Primary Therapist Application*.