



## BaMidbar Wilderness Therapy

### Part-Time Therapist 2020

### POSITION DESCRIPTION

#### **THE PROGRAM**

BaMidbar Wilderness Therapy promotes whole-health wellness in the Jewish community by elevating the conversation around mental health and providing wilderness-based journeys of self-discovery, hope, and healing. BaMidbar hosts three core programs: 4-week therapeutic expeditions for Jewish young adults (18-28 year olds); 4-week adventure and wellness programming for adolescents (15-17 year olds), and an experiential educator course. All of our core programs use nature and adventure-based experiences as part of a therapeutic process that promotes emotional, physical, and spiritual wellness; use Jewish metaphor and storytelling to build personal as well as Jewish identity and values; support individuals in building strong and healthy relationships; and, increase open dialogue around mental health and addiction in the Jewish community.

**Position Type:** Seasonal, part-time

**Schedule:** 2 days, 1 night in field per week, additional 2-3 hours additional administrative duties per week

**Compensation:** Commensurate with experience - Email for clinician full salary scale

**Dates:** March to September, 2020

**Location:** Deckers, Colorado

**Reports to:** Clinical Director

**POSITION PURPOSE:** The role of the Part Time Therapist is to support implementation of student treatment plans through experiential activities in the field, in coordination with Primary Therapist. The Therapist will facilitate individual and group therapy sessions in the field, and will collaborate with the primary therapist on student well-being and group functioning. The Therapist will also support field guides in maintaining a positive group milieu and therapeutic environment.

#### **MAJOR RESPONSIBILITIES**

##### **Student Care:**

- Facilitate individual and group therapy sessions on a daily basis while in the field, in coordination with student primary therapist
- Support student intake process, and facilitate biopsychosocial assessments in field
- Facilitate formal and informal fundamental and technical skill-building opportunities, psychoeducation, and crisis intervention on an ongoing basis

##### **Field Staff Collaboration and Training:**

- Support field staff in understanding clinical modalities and broader clinical framework of program
- Collaborate with field staff to maintain a healthy group dynamic a physically and emotionally safe environment
- With field staff, oversee a highly structured, participatory backcountry camp environment

##### **Other Responsibilities:**

- Complete all clinical notes and documentation in a timely and efficient manner
- Work with a dynamic, collaborative team to support the development of a young and growing program

#### **QUALIFICATIONS**

##### **Education / Experience**

- Licensed (or able to obtain license) in Colorado as a LSW, LCSW, LMFT, LPCC, or LPC
- Experience working with young adults, preferably in a leadership, mentoring, or instructional capacity
- Backcountry experience, preferably in wilderness therapy
- Minimum certification of CPR and First Aid; Wilderness First Responder certification preferred



## BaMidbar Wilderness Therapy

### Part-Time Therapist 2020

### POSITION DESCRIPTION

#### **Skills / Knowledge**

- Knowledge of conceptual frameworks for adolescent and young adult development and health
- Knowledge of Family System theories and the Family Preservation model
- Knowledge of Substance Abuse theories and Relapse Prevention training
- Knowledge of de-escalation skills, crisis intervention skills, communication skills, behavior management techniques, and life skills
- Ability to demonstrate understanding of sound ethical practice in conjunction with the established and defined ethics of one's training and discipline
- Advanced skill level in all or most of the following: wilderness travel, land navigation, primitive living, backcountry camping
- Excellent mentoring and coaching skills
- Excellent group facilitation skills
- Open, inclusive, and team-oriented work style
- Exemplary organizational skills
- Understanding of Jewish culture, values and cycles, and if not fully understood, a willingness to learn and an appreciation for the cultural aspects of the program

#### **Other Considerations:**

- The essential functions of this position require camping and outdoor work in all weather conditions
- Employee will be expected to hike on uneven terrain, while carrying a backpack or other equipment weighing up to 60 pounds
- A pre-employment background check will be required, including fingerprinting and FBI background check
- Applicants must have a valid driver's license, with an insurable driving record

#### **LOCATION**

BaMidbar Wilderness Therapy is based at Ramah in the Rockies, a 360-acre ranch nestled in the pristine Pike and San Isabel National Forests. Ramah in the Rockies is 90 minutes from Denver, at an elevation of 8,000 feet. Field Therapists join the group on backcountry excursions, from Sunday to Wednesday each week.

#### **TO APPLY**

Please send a cover letter and resume to [nickmh@bamidbartherapy.org](mailto:nickmh@bamidbartherapy.org). The subject line of the email should read *Part Time Therapist Application*. Please be prepared to provide three letters of recommendation and copies of all current certifications.