

BaMidbar Wilderness Therapy Assistant and Lead Field Guide POSITION DESCRIPTION

THE PROGRAM

BaMidbar Wilderness Therapy promotes whole-health wellness in the Jewish community by elevating the conversation around mental health and providing wilderness-based journeys of self-discovery, hope, and healing. BaMidbar hosts three core programs: 4-week therapeutic expeditions for Jewish young adults (18-28 year olds); 4-week adventure and wellness programming for adolescents (15-17 year olds), and an 8-day experiential educator course. All of our core programs use nature and adventure-based experiences as part of a therapeutic process that promotes emotional, physical, and spiritual wellness; use Jewish metaphor and storytelling to build personal as well as Jewish identity and values; support individuals in building strong and healthy relationships; and, increase open dialogue around mental health and addiction in the Jewish community.

Position Type: Full-time, seasonal

Dates: March 8th, 2020 to September 15th, 2020 (August end date possible)

Location: Ramah in the Rockies Ranch **Compensation:** \$2500-\$3000 per month

Schedule: Shift-based: 8 days on, 6 days off, 15 days on, 13 days off, or month on month off

MAJOR RESPONSIBILITIES

BaMidbar's Field Guides serve as mentors and wilderness guides for young adults struggling with mild to moderate social, emotional, behavioral, and academic challenges. Through applying therapeutic concepts, teaching technical and fundamental skills, integrating Jewish values and traditions, and connecting personally with students, staff serve as a support system for program participants. BaMidbar's supportive, strengths-based approach encourages students to move beyond their comfort zones to experience new, unexpected levels of confidence, personal achievement, and growth. Assistant and Lead Field Guide responsibilities include:

Support Student Development:

- Build a compassionate and caring group environment, while providing 24/7 supervision and oversight for students
- Work as part of treatment team, which includes licensed therapists, Jewish educators, medical staff, and field team
- Maintain a healthy group dynamic by promoting inclusivity, communication, and conflict resolution
- Facilitate formal and informal essential and technical skill building opportunities for students
- Oversee a highly structured, participatory backcountry camp environment
- Integrate Jewish values, learning, culture, and traditions into backcountry environment and student learning

Risk Management:

- Manage group's physical and emotional well-being and promote a culture of safety in all aspects of field life
- Respond to safety concerns with appropriate and timely decisions and actions, keeping all BaMidbar staff informed

Other Responsibilities:

- Complete paperwork with accuracy and efficiency
- Inform treatment team and BaMidbar staff on important group and individual developments during formal and informal meetings and debriefs

QUALIFICATIONS



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Education / Experience

- Must be 21 years of age or older
- Bachelor's degree, preferably focused in outdoor education, psychology, sociology, child development, or education. Educational requirements may be substituted with relevant professional experience
- Current CPR and First Aid certification required, Wilderness First Responder or EMT certification preferred
- Experience working with young adults, preferably in a leadership, mentoring, or instructional capacity
- Significant backcountry trip leading experience, preferably in wilderness therapy

Skills / Knowledge

- Experience building a positive group dynamic and confidence working with diverse and challenging populations
- Excellent group facilitation skills
- Excellent interpersonal and communication skills
- Open, inclusive, and team-oriented work style
- Understanding of Jewish culture, values and cycles, and if not fully understood, a willingness to learn and an appreciation for the cultural aspects of the program

Other Considerations:

- The essential functions of this position require outdoor work in all weather conditions. Employee will be
 expected to hike on uneven terrain, while carrying a backpack or other equipment weighing up to 60
 pounds
- A pre-employment background check will be required, including fingerprinting and FBI background check
- Applicants must have a valid driver's license with an insurable driving record

LOCATION

BaMidbar Wilderness Therapy is based at Ramah in the Rockies, a 360-acre ranch nestled in the pristine Pike and San Isabel National Forests. Ramah in the Rockies is 90 minutes from Denver, at an elevation of 8,000 feet.

TO APPLY

Please send a cover letter and resume to gabiw@bamidbartherapy.org. The subject line of the email should read *Field Staff Application*. Please be prepared to provide three letters of recommendation and copies of all current certifications.