



## FIELD GUIDE POSITION DESCRIPTION SUMMER 2022 - SEASONAL

### **ABOUT BAMIDBAR**

BaMidbar envisions a Jewish community that actively supports its members in cultivating mental health and wellness. Using a three-pronged approach, we address mental health and wellness in the Jewish community by promoting teen and young adult resilience through prevention programs, supporting Jewish communal professionals through mental health education programs, and serving young adults struggling with mental health challenges through treatment programs. While BaMidbar runs mental health prevention, education, and treatment programs, all programs are built off of four core pillars:

- **Wilderness as Therapy:** Experiential models are used as a vehicle for growth. Students are challenged and given the opportunity to apply learning in a safe and supported environment.
- **Clinically Informed Framework:** Licensed mental health professionals design programming and trained guides facilitate experiences with an eye toward social, emotional, and spiritual growth.
- **Jewish Values and Metaphor:** Jewish tradition, metaphor, and storytelling are used to support students in exploring meaning, values, purpose, and identity.
- **Mental Health Awareness:** Programs work to increase open dialogue and decrease stigma around mental health in the broader Jewish community.

### **POSITION PURPOSE**

Working in BaMidbar's Wilderness Therapy program, Assistant and Lead Field Guides serve as mentors and wilderness guides for young adults struggling with mild to moderate social, emotional, behavioral, and academic challenges. Through applying therapeutic concepts, teaching technical and fundamental skills, integrating Jewish values and traditions, and connecting personally with students, staff serve as a support system for program participants. Using BaMidbar's supportive, strengths-based approach, Field Guides encourage students to move beyond their comfort zones to experience new, unexpected levels of confidence, personal achievement, and growth.

**Position Type:** Seasonal, full-time

**Location:** Colorado - this position requires residence at Ramah in the Rockies during the program season

**Reports To:** Program & Operations Coordinator

**Compensation:** \$5,600 (Assistant Guides) or \$6,000 (Lead Guides)

**Dates:** June 7-August 11, 2022

- June 7th - June 29th: Training
- June 30th - August 8th: Programming
- August 9th - August 11th: Debrief & Wrap

### **CORE RESPONSIBILITIES**

#### **Support Student Development:**

- Build a compassionate and caring group environment, and maintain a healthy group dynamic by promoting inclusivity, communication, and conflict resolution
- Work as part of the treatment team, which includes licensed therapists, Jewish educators, medical staff, and field specialists
- Facilitate formal and informal essential and technical skill building opportunities for students
- Oversee a highly structured, participatory backcountry camp environment



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- Integrate Jewish values, learning, culture, and traditions into backcountry environment and student learning

### **Risk Management:**

- Collaborate effectively with co-guides to ensure 24/7 safety, structure, and supervision of all members of the group
- Manage group's physical and emotional well-being and promote a culture of safety in all aspects of field life
- Proactively identify and mitigate potential risks, and respond to safety concerns with appropriate and timely decisions and actions
- Maintain clear and regular communication between the field and basecamp, keeping all BaMidbar staff informed on the current state of the group and individual students

### **Other Responsibilities:**

- Complete paperwork with accuracy and efficiency
- Inform treatment team and BaMidbar staff on important group and individual developments during formal and informal meetings and debriefs

### **YOU ARE:**

- Passionate about BaMidbar's mission and vision
- A candid and intentional communicator with excellent interpersonal skills
- Someone who thrives in a position with a high level of autonomy and responsibility
- A hands on team player who brings enthusiasm, a sense of humor, openness, and a strong work ethic
- At least 21 years of age or older

### **NEED TO HAVE'S**

- Wilderness First Responder certification
- Significant backcountry trip leading experience, preferably in a wilderness therapy setting
- Experience building a positive group dynamic and confidence working with diverse and challenging populations
- Excellent mentoring and coaching skills
- Excellent group facilitation skills
- Open, inclusive, and team-oriented work style

### **NICE TO HAVE'S**

- Experience working with young adults, preferably in a leadership, mentoring, or instructional capacity
- Understanding of Jewish culture, values and cycles, and if not fully understood, a willingness to learn and an appreciation for the cultural aspects of the program
- Bachelor's degree, preferably focused in outdoor education, psychology, sociology, child development, or education

### **OTHER CONSIDERATIONS**

- The essential functions of this position require outdoor work in all weather conditions.



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Employee will be expected to hike on uneven terrain, while carrying a backpack or other equipment weighing up to 60 pounds

- A pre-employment background check will be required, including fingerprinting and FBI background check
- Applicants must have a valid driver's license with an insurable driving record
- All staff must be fully vaccinated against COVID-19
- In efforts to keep our community healthy, staff will be expected to adhere to all COVID policies and procedures as laid out by Ramah in the Rockies and BaMidbar Wilderness Therapy. These expectations may change over time and may limit staff's ability to socialize with people from outside the "BaMidbar bubble" or leave property, even during designated time off

*BaMidbar is an organization committed to building mental health and wellness in Jewish communities and beyond, no matter their race, ethnicity, socio economic status, gender identity, sexual orientation.*

*We strongly encourage people with diverse backgrounds and identities to apply. Frequently cited statistics show that women and underrepresented groups apply to jobs only if they meet 100% of the qualifications. We encourage you to break that statistic. BaMidbar is an equal opportunity employer.*

### **TO APPLY**

Please use [this form](#) to submit a cover letter, resume, and three references.

### **WHAT TO EXPECT**

This position will be open until it is filled. Due to an expected high volume of applications, we will not be accepting phone calls about this role, and will only be in touch with candidates who move to the first round of interviews. We honor and respect the time that all candidates are putting into the hiring process!

### **LOCATION**

BaMidbar Wilderness Therapy is based at Ramah in the Rockies, a 360-acre ranch nestled in the pristine Pike and San Isabel National Forests. Ramah in the Rockies is 90 minutes from Denver, at an elevation of 8,000 feet. Our facilities are primitive. In the backcountry, the group will camp in primitive settings. At basecamp, housing consists of primitive canvas wall tents.